

**KENT STATE UNIVERSITY
COLLEGE OF NURSING**

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: Julia Apostolescu

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
DIRECT PATIENT CARE						
Complete Bath		2-3-10		2-3-10		
Oral Care				2-10-10	2-15-11	
Skin Care		2-10-10				
Hair Care				2-10-10		
Foot & Nail Care		9-19-11		2-10-10		
Back Massage				2-10-10		
Braden Scale Skin Assessment				9-10-11		
Positioning & Repositioning		2-10-10		2-10-10	2-15-11	
Range of Motion				4-7-10		
Assist with Ambulation		2-17-10		2-17-10		
Falls Precautions		2-3-10		2-3-10		
Transfer Techniques		2-17-10		2-17-10		
Feeding				2-3-10	4-6-11	
Recording I & O's		3-10-10		3-10-10	2-15-11	
Ted Hose/SCDs		2-3-10		2-3-10		
APPLYING RESTRAINTS						
Posey						
Wrist & Ankle		11-29-11				
BED MAKING						
Occupied		1-27-10		3-30-11	2-15-11	
Unoccupied		1-27-10		9-10-11	2-7-11	
VITAL SIGNS		9-23-09		9-23-09	2-2-11	
Temperature		9-23-09		9-23-09	2-2-11	
Respiration		9-23-09		9-23-09	2-2-11	
Pulse		9-23-09		9-23-09	2-2-11	
Blood Pressure		9-23-09		9-23-09	1-26-11	
Orthostatic Blood Pressure		9-23-09		9-23-09		
Pain Assessment		9-23-09		9-23-09	2-2-11	
NEUROLOGICAL ASSESSMENT						
Glasgow Coma Scale				9-10-11	1-19-11	

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CARDIAC MONITORING						
EKG/Telemetry		11-12-11		3-27-12		
12 lead EKG administration						
ELIMINATION						
Enemas		4-22-10				
Colostomy: Irrigation				10-27-10		
Dressing						
Placing Appliance						
Ileostomy		4-16-12				
Catheterization						
Indwelling: Male		5-5-10				
Female		5-5-10		4-13-11		
Straight: Male		11-12-11				
Female		10-27-10		10-27-10		
Urosheath: Male						
Indwelling Catheter Care		5-5-10				
Catheter Irrigation				10-27-10		
Perineal Care		5-5-10		3-30-11	4-6-11	
Urosheath Care						
IRRIGATIONS						
Eye				2-10-10		
Ear				2-10-10		
Bladder						
Vaginal						
Wound		2-18-10		10-28-10		
SPECIMEN COLLECTION						
24 hour Urine						
Specific Gravity						
Sterile from indwelling cath				10-27-10		
Stool:						
Guaiac/Hemoccult						
Ova & Parasite						
C & S				10-13-10		
Sputum						
Blood Glucose Monitoring				11-10-10		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent						
Dry sterile dressing		3-4-10		11-10-10		
Peripheral IV site dressing change			2-16-11	11-10-11		
Central line dressing change		3-5-12				
Wet → Dry sterile dressing		3-4-10				
Packed wound dressing		3-4-10				

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Coughing & deep breathing		3-3-10		10-22-11		
Incentive spirometry				10-22-11		
Assist to dangle & ambulate				10-13-11		
Assist with cast						
Assist with traction						
Intermittent wall suction				4-9-12		
Naso-gastric irrigation						
Hemovac drain care				4-22-10		
JP drain care				4-22-10		
Nasogastric continuous feeding				4-22-10		
Gastrostomy intermittent feeding				4-22-10		
RESPIRATORY CARE						
Oxygen Therapy:						
Nasal cannula		3-3-10		9-19-11		
Mask				4-22-10		
Pulse Oximetry				9-8-10	1-26-11	
Suctioning:						
Oropharyngeal		2-13-12		4-9-12	1-26-11	
Endotracheal		3-5-12		4-2-12		
Tracheostomy care						
Chest tube care		3-12-12				
Postural drainage						
Percussion, drainage, & clapping						
ISOLATION TECHNIQUES						
VRE/MRSA				10-25-11		
TB					2-2-11	
Neutrapenic (Reverse)				11-12-11		
MEDICATION ADMINISTRATION						
Oral		3-16-10		10-6-10	1-26-11	
Patches/topical				4-16-12		
Subcutaneous		3-18-10		10-6-10		
Intramuscular		3-18-10		10-20-10		
Z-Track						
IV INFUSION						
Peripheral		3-3-10		3-18-10		
PICC line		2-2-11		10-23-11		
Central/Triple Lumen		9-19-11		11-12-11		
Monitoring of Drip Rate		3-3-10		3-26-12		
IV site assessment		3-3-10		4-20-11	1-19-11	
Changing IV fluid bags		2-2-11		4-20-11	2-2-11	
Changing IV fluid tubings		10-13-11		3-26-12		
Arterial line maintenance		1-16-12		2-27-12		

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COMPUTER DOCUMENTATION		9-30-10		11-18-10	1-19-11	
EXPERIENCE TEACHING:						
Patients				2-16-11	2-16-11	
Families				2-16-11	2-16-11	
DISCHARGE PLANNING	X					
BASIC LIFE SUPPORT (record dates of completion)						

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist
 **Revised 5/12