

JULIA S. APOSTOLESCU

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OBJECTIVE: To obtain a position as a new graduate RN to utilize my skills and knowledge.

EDUCATION:

2008-Present Kent State University North Canton, OH
▪ ***Bachelor of Science in Nursing, Cum Laude***

CLINICAL EXPERIENCE:

▪ **Mercy Medical Center** Canton, OH Spring 2010, Fall 2010, Spring 2012
Foundations of Assessment & Communications

Developed basic nursing skills and core competencies such as infection control, skin care, therapeutic communication, and vital signs with a special focus to the older adult.

Nursing of Adults

Practiced foundational nursing skills such as medication administration, physical assessment, patient teaching, and application of the nursing process.

Community Health Nursing

Application of the nursing process with families, population groups, and communities.

▪ **Aultman Hospital** Canton, OH Spring 2011, Fall 2011
Health Care of Children & Parent/Newborn Nursing

Applied the nursing process to the care of infants, children, and adolescents, practices family-centered care, and earned developmentally appropriate teaching techniques. Care for women and infants during and after the birthing process.

Nursing of the Critically Ill

Application of the nursing process in the care of the critically ill adult. Acquired knowledge and skills specific to nursing practice in the critical care setting(s) (ED, ICU, CSU/CVSU). Developed critical thinking skills.

Nursing Synthesis Preceptorship

Worked with preceptor to coordinate between 4-5 patients in a step-down unit. Provided evidence-based, clinically competent nursing care and gained proficiency in critical thinking skills.

▪ **Heartland Behavioral Health** Massillon, OH Fall 2011
Psychiatric Nursing & Mental Health Nursing Care

Achieved therapeutic relationships with patients suffering from a variety of mental illnesses, gained familiarity with common psychiatric medications, mental status

assessments. Demonstrated group facilitation, and developed nursing care plans specifically for mental health needs.

- **Nobles Pond Nursing Home** Canton, OH Fall 2010
Nursing of Adults with Rehab Needs & Gerontologic Changes
Developed a knowledge base related to the psychophysiological changes in older adults and those undergoing rehabilitation.

ACHIEVEMENTS & CERTIFICATION:

- Bilingual: Fluent in Romanian
- Graduating Cum Laude
- Outstanding Dean List Student
- Excellent attendance in school/employment
- AHA CPR Certification: BLS (CPR & AED)
- HIPPA training
- Pending licensure

COMPETENCIES & SKILLS:

- Assess, plan, implement, and evaluate patient care
- Monitor, record, and report symptoms of change in condition of illness in members of the family
- Culturally competent
- Safe medication administration & treatment as prescribed by a physician
- Team player
- Patient teaching & health promotion
- Critical thinker, hard worker
- Prioritization and coordination of patient care tasks
- Customer service skills
- Experience in different software: Microsoft, Arriba, Lotus Notes, M2K
- Typing speed 49 WPM
- Computer charting
 - PIXIS, E-MAR

EMPLOYMENT:

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|----------------------|--------------------------------------|------------------|
| October 2009-Present | Applebee's Restaurant | Massillon, OH |
| | ▪ Server | |
| May 2009-Sept 2009 | Brookside Country Club | Canton, OH |
| | • Server | |
| Nov 2007-Feb 2009 | Sonoco Phoenix, Inc. | North Canton, OH |
| | ▪ Clerical Work/Purchasing Assistant | |
| Aug 2005-Nov 2007 | Chicken Manor Restaurant | North Canton, OH |
| | ▪ Cashier/Waitress/Hostess | |
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PROFESSIONAL REFERENCES:

SherrI Troyer RN, BC BSN, MS
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KSU College of Nursing
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